# LSAC Committee Minutes

Date 08/03/2022 | Time 18:30 | Location DMTC

Meeting called by Jordanna Marsh

Type of meeting Committee Meeting

Note taker Felicity Slocombe

#### **Apologies**

Harry Morton

Robyn Griffiths

Adam Pugh

#### Main Business

#### Chair – Jordanna Marsh

- Chair's report
  - o BUTTS champs final details (volunteers, danages)
    - Arrive at the tennis centre for 7:45am for session 1 and all day helpers
    - Collect bosses on Friday at 5pm drive to Notts pick up and then leave van on campus
    - Target faces arrived
    - Test timing system tonight
    - Laura M printed off signs for the room and for exits, toilets, archery in progress etc.
    - Rebecca to check we have 16 consecutive target numbers
    - Extra target pins from Nottingham
    - Medals being sorted by Hannah
    - Bring masking tape from Jordanna and Flick's
    - Printed a cake sale sign
    - Have a look tonight to see where the lines should be
    - Target list is up
    - Ball all confirmed and good to go!
  - Tour updates
    - Sorting activities atm as everything has to be pre-booked
    - Transport issues need 1 more driver ether need a taxi or someone will have to make 2 trips
  - AU committee elections currently happening AU sport exec 2 candidates and one seems like the best option – voting open now

- o GM to be held on 22<sup>nd</sup> March post to page nominate yourself and position you would like to run for contact particular role (current) to express interest and put together a paragraph manifesto jordanna to email Amy to ask when we can nominate online need to meet quorum (40% 32 present)
- County and us could fund mental game talks could be a series juniors and novices together – we provide room and they would pay for it

- Use of whole cupboard
- BUTTS championships 12th March 8:00-20:00
- Future coaches plan to discuss with Ffion
- Risk assessment for tour done and sent to Amy
- Archery committee elections 11th-25th March need to start generating interest
  - o Need a GM for around then meet candidates and ask questions voting is online
  - o Handover to be completed by 8th May will be online training
- Nutrition talks
- Physio sessions- Ffion to email to see if we can book slots rather than people specifically (<u>physio@lboro.ac.uk</u>) – any injuries – whether people want it or not – advertise it to the group going to BUCS
- Physiology (strength and conditioning)
- Funded coaching places filled?
- Psychology talk series buddying up with golf/shooting to pay for this possibly.
- Getting Laura McCartney registered as a coach with the AU job for new chair
- Senior coach contingency plan Ffion to still contact Nat
- Coverage for BUTTS champs Robyn sorted this takeover? On Instagram
- Club development plans they want to update them further info being sent round Jordanna and Ffion to work on this together

#### Secretary - Felicity Slocombe

- Secretary's report -
  - Nothing to report

#### Actions ongoing

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#### Treasurer - Rebecca Mears

Treasurer's report –

- Equipment spend
  - SDC fund or membership account? Take out of membership c.£200 for new equipment
- BUTTS help/shoot sorted schedule for helping so doesn't clash with shooting
- Calling to sort out various issues tomorrow

- Strings, risers and limbs to purchase
- Sent list to Emilia of kit that Laura Mc donated? to send

#### **Development Officer – Ffion Edgeley**

- DO's report
  - Performance programme dates and confirming attendees
    - SDC fund to pay Maggie for this have budget for this pay at normal hourly rate coaching budget
    - 14 people and possibly 1 more all having the full performance programme
    - 23<sup>rd</sup> March 10-12:30pm 3 people
    - 27<sup>th</sup> March 1-4pm 4 people
    - 30<sup>th</sup> March 10-12pm and then 12-2pm 4 people in 2 sessions
    - 3rd April 1-4pm 3 people
  - Fixing longbow arrows or buying more
    - Longbow arrows got new set for Katie sorted need sign off from Jordanna
  - Maggie doing mental session next Tuesday Ffion to advertise 7:15
    - If Maggie wants to do more we can pay for this too from SDC

#### Actions ongoing

- ASS seminars: goal setting (Ash), anti-doping, sports psychology, strength training, bow tuning (Tom C), outdoor comps (Ben)
  - Outdoor comps and shooting start of May do it before the indoor session so as to not clash with lectures - Ben
- Recording coaching given to members so all coaches can access the notes
- Organize coaches meeting talk about the club and performance focus before outdoors during easter break

#### Team Captain – Ben Evans

- TC's report
  - o BUCS finals list of those attending and transport plan
    - 10 people going Ffion, Ben and Jennika driving

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#### **Equipment Officer – Emilia Stonebanks**

- Equipment Officer's report -
  - Ongoing actions
  - o Inventory for limbs add to OneDrive
  - Ilia has returned her bow
  - o Found material online Ffion to make Emilia sending link
  - o Pink warning sign order 3 £9.50 each Emilia to order then need to get fence post

#### Actions ongoing

- Want another metal detector
- 252 scheme for progressing on to next distance
- Start fixing arrows again

### Tournaments and Records Officer – Harry Morton

- TO's report
  - o Ex vs. current confirmed for the 1st of May 9-5pm booked for Towers Pitch
  - Apologies sent

#### Actions ongoing

- BUTTS ultimate archer post after Christmas (BUTTS e-league) ask Ben when it will start
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#### Social Secretary – Haydn Lloyd

- Social Secretary's report
  - o This month's social events
    - Quiz at spoons on Thursday
    - 23<sup>rd</sup> March pres and then Hey Ewe location for pres tbc
    - 30<sup>th</sup> March Easter fun shoot
    - 16<sup>th</sup> March Wellbeing event colouring and tea and biscuits have a think of other ideas – movie night before BUCS

#### Actions ongoing

- BUTTS ball
- LSAC ball

- Tour
- Formal after Ex vs. Current competition

#### Welfare Officer - Chris Marfell

- Welfare Officer's report
  - o BUTTS cake sale promo
    - Send email just giving page with QR code Chris to buy some and get it refunded
      post about baking or bringing things
    - Email clubs Jordanna provide
  - o Charity shoot date discussion
    - May be able to get a 3 hour slot email Kath

#### Actions ongoing

- Money to pay in for charities Rainbow Children's Hospice £152.33 need to find out who to email – no replies from emails – try to take in to the shop, contact charity directly – get receipt of it being handed over to them
- BUTTS cake sale organising and advertising Robyn made poster
- Charity open shoot risk assessment

#### Media Officer - Robyn Griffiths

- Media Officer's report
  - o Apologies sent

#### Actions ongoing

- Weekly challenges for Saturday sessions
- Meet the committee details photos needed
- Tour t-shirts
- Money from selling badges give to Chris get it logged Robyn has this contact charity direct

## Novice Representatives – Adam Pugh & Charlotte Martin

- Novice representative's report
  - Nothing to report
  - o Adam apologies sent
  - Charlotte not present

• Helping with socials organising

## AOB

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Actions ongoing

## Session Rota

Date	Session Taker	Location	Time	Notes
Saturday 12/03/2022	n/a	DMTC	<del>18:00-21:00</del>	BUTTS Champs
Monday 14/03/2022	Rebecca	DMTC	20:30-22:30	
Tuesday 15/03/2022	Ffion	DMTC	20:00-22:30	Maggie coaching
Wednesday 16/03/2022	Emilia	DMTC	20:30-22:30	Ash coaching
Saturday 19/03/2022	Haydn	DMTC	18:00-21:00	BUCS finals
Monday 21/03/2022	Rebecca	DMTC	20:30-22:30	
Tuesday 22/03/2022	Ben	DMTC	20:00-22:30	Maggie coaching GM
Wednesday 23/03/22	Chris	DMTC	20:30-22:30	Ash coaching